

Welcome!

**The Tennis meeting will
begin at 6PM.**

**Please remember to mute
your microphone**

Wildcats Girls Tennis 2024

Goals for the season

1. Provide an exceptional athletic **team** experience
2. Provide quality coaching and authentic encouragement all season
3. Create an environment where something special can occur
4. Beat Becker :)

Eligibility Requirements

- Be enrolled at CLMS or CLHS.
- Online registration forms completed, fee paid, physical on file before they can participate in any team activities.
- Transfer students must contact the Activities Director
 - Paperwork must be completed prior to participation
- All students must have a valid physical on file
 - Physicals are good for 3 years.
- Be in good academic standing.

Academic Requirements

- **Seniors:** MUST be enrolled in at least 3 classes.
- **Grades:** formally checked at the end of each term
 - One failing grade spring term = **academic probation**
 - AD will contact the student and parent/guardian
 - Two or more failing grades spring term = **ineligible** until mid term of the next term.
 - AD will contact the student and parent/guardian if this occurred.

Transportation

- Provided to all team events.
 - Athletes are expected to ride on school transportation unless pre-approved by AD.
 - Athletes may ride home with a parent/guardian after a team event, but must sign-out with a coach.
- HS athletes without a license - Ride bus J
- Parents should pick up their athlete at the courts at the conclusion of practice.

Uniforms

- Varsity will wear green and white tanks and white skirts
- JV will wear green tank tops and white skirts
- The tank is \$20 and the skirt is \$30. This is subsidised by some of the fundraising we do.



Apparel

- There will be a Team Webstore online for sideline gear
- I will send out a link as soon as I have one



Teams

Ladder play and Challenge matches

Varsity - Top 12 players

JV - Everybody else

Week 1 (Aug 12-17)

Mon

8-10 AM

All athletes competing for varsity spots

10-11:30 AM

Athletes not competing for varsity spots

6-7:30 PM

Extra Reps, Drills and games

Tues

8-10 AM

All athletes competing for varsity spots

10-11:30 AM

Athletes not competing for varsity spots

6-7:30 PM

Extra Reps, Drills and games

Wed

8-10 AM

Varsity practice

Picture Day!!

10-11:30 AM

JV Practice

6-7:30 PM

Extra Reps, Drills and games

Thur

8-10 AM

All athletes

6-7:30 PM

Extra Reps, Drills and games

Fri

8-10 AM

All athletes

Sat

8:45 AM

Varsity depart for Duluth

Week 2 (Aug 19-23)

Mon

8-10 AM

Varsity Practice

10-11:30 AM

JV Practice

Tues

8-10 AM

Varsity Practice

10-11:30 AM

JV Practice

Wed

8-10 AM

Varsity Practice

9 AM

JV triangular vs
Simley and St.
Francis

Thur

8-10 AM

Varsity Practice

9:30-11 AM

JV Practice

Fri

9 AM

Varsity and JV
match vs
Anoka

Other items

Spectator Rules and Expectations

- Show respect the opposing team and their spectators.
- Use appropriate language at all times (profanity will not be tolerated).
- Do not walk on the court, unless permission is given.
- Leave any and all noisemakers at home (megaphones, cowbells, whistles, etc.).

Failure to abide by the following expectations will result in removal from that event and potential future events:

Match Day!

- Phones and Watches are not allowed
- Coaches can talk to players only during changeovers
- Giving coaching during a game is not allowed
- When finished, your athlete can speak with you briefly
- Players will be expected to cheer on their teammates

Communication from me

1. Sunday Night Weekly UPdates -
jerickson@isd2144.org
2. Remind app - text [@368a](https://www.remind.com) to [81010](https://www.remind.com)
3. Handouts/Announcements at practice
4. Text me - 651-206-1304

Concerns not being addressed

Step 1: Athlete and coach (initiated by student)

Step 2: Athlete, parent/guardian and coach (initiated by student)

Step 3: Athlete, parent/guardian, coach and AD (initiated by student or parent/guardian)

- Team selection and other athletes will not be discussed
- 24 hours are needed before contacting anyone.
- Please bring your concerns directly to me and give me a chance to explain before you involve the AD.

Concussion Information

- Concussion-bump, blow or jolt to head or body
- Cognitive, Balance and Vision can be affected
- An Athletic Trainer will be available
 - Identify if a concussion occurred-use of 4 assessments
 - Assist in managing care
 - Implement the MSHSL policy-5 step policy (1 step per 24hr period)
 - Assist with a safe return
 - Communicate with parents (note from physician is required for return to participation)

MSHSL Violations

Examples:

- Use of mood altering chemicals (tobacco, alcohol, drugs, etc.)
- Racial, religious and sexual harassment
- Violence and hazing acts
- Inappropriate conduct at school (fight, disrespect towards a teacher, etc.)

1st Violation: 2 contests or 2 weeks, whichever is greater

2nd Violation: 6 contests or 3 weeks, whichever is greater

3rd Violation: 12 contests or 4 weeks, whichever is greater

*Students who earn a violation during a season are not eligible to letter or earn any post season awards.

*See Bylaw 220 of the MSHSL handbook for complete details

Lastly...

- Tune-up tourney at [Forest Lake](#), Aug 12
- Visit the [Activities Webpage](#) and review the [handbook](#).
- Bookmark the Activity [CALENDAR](#)
 - Your best source for changes.
 - Schedules should be finalized by the end of next week.
- Ticket Prices for non-tennis events
 - Students \$5 and Adults \$7
- Punch Cards (10 events, \$50)-save \$20.
 - Purchase online or at the ticket gate.

Contact Information

- Jon Erickson, Head Coach
 - Email: jerickson@isd2144.org, Cell: 651-206-1304
- Steve Otte, Assistant Coach
 - Email: sotte@isd2144.org, Office: 651-213-2480, Cell: 651-829-0512
- Jodi Otte, Activities Director
 - Office: 651.213.2526, Cell: 651.775.4226, Email: jotte@isd2144.org
- Valerie Rogers, Administrative Assistant
 - Office: 651.213.2528, Fax: 651.213.2527, Email: vrogers@isd2144.org
- Athletic Trainer - To Be Determined
 - Office: 651.213.2613